


This month's feature program is **Cardio Tennis 4 Sessions: Members \$32.00 / Non members \$40.00**

# January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  <b>2 for 1 Fridays</b>	2 <b>Jr. Clinics Week #5</b> Pee Wee 9 – 10 <b>Cardio Tennis 10-11</b> Heavy Hitters 3 – 5  <b>Round Robin 5-9pm</b> <b>(14 and under)</b>
3  <b>Team Tennis</b> 6:00 – 8:30	4 <b>8:30- 9:30am</b> <b>Adult Cardio Tennis</b>  12-1:00pm <b>Stroke Class</b> <b>with John /serve</b>	5  <b>Adult Beginner Clinic</b> <b>1 -2pm</b>  Pee Wee 4-5pm	6 <b>8:30 – 9:30am</b> <b>Adult Cardio Tennis</b>  <b>Jr. Clinics</b> <b>5-6pm</b>	7 <b>10:30-11:30am</b> <b>Ball Machine Drill</b> <b>With John</b>	8  <b>2 for 1 Fridays</b>  <b>Drill Session 7 – 8:30</b>	9 <b>Jr. Clinics Week #6</b> Pee Wee 9 – 10 <b>Cardio Tennis 10-11</b> Heavy Hitters 3 – 5  <b>Round Robin 5-9pm</b> <b>(15 and over)</b>
10  <b>Team Tennis</b> 6:00 – 8:30	11 <b>8:30- 9:30am</b> <b>Adult Cardio Tennis</b> 9 – 11 am FREE Trigger Point Analysis  <b>12-1:00pm</b> <b>Stroke Class/overhead</b>	12  <b>Adult Beginner Clinic</b> <b>1 -2pm</b>  Pee Wee 4-5pm	13 <b>8:30 – 9:30am</b> <b>Adult Cardio Tennis</b>  <b>Jr. Clinics</b> <b>5-6pm</b>	14 <b>10:30 – 12:00</b> <b>Competitive Games</b>	15  <b>2 for 1 Fridays</b>  <b>Lunch w/the Pro's</b> <b>10:30-Noon</b>	16 <b>Jr. Clinics Week #1</b> Adult Beginner 9-10 <b>Pee Wee 9 – 10</b> Cardio Tennis 10-11  <b>Heavy Hitters 3 – 5</b>
17  <b>Team Tennis</b> 6:00 – 8:30	18 <b>8:30- 9:30am</b> <b>Adult Cardio Tennis</b>  12-1:00pm <b>Stroke Class</b> <b>with John /lob</b>	19  <b>Adult Beginner Clinic</b> <b>1 -2pm</b>  Pee Wee 4-5pm	20 <b>8:30 – 9:30am</b> <b>Adult Cardio Tennis</b>  <b>Jr. Clinics</b> <b>5-6pm</b>	21 <b>10:30-11:30am</b> <b>Ball Machine Drill</b> <b>With John</b>  Daytime Mixed 2-4	22  <b>2 for 1 Fridays</b>	23 <b>Jr. Clinics Week #2</b> Adult Beginner 9-10 <b>Pee Wee 9 – 10</b> Cardio Tennis 10-11  <b>Heavy Hitters 3 – 5</b>
24  <b>Team Tennis</b> 6:00 – 8:30	25 <b>8:30- 9:30am</b> <b>Adult Cardio Tennis</b>  12-1:00pm <b>Stroke Class</b> <b>with John /volley</b>	26  <b>Adult Beginner Clinic</b> <b>1 -2pm</b>  Pee Wee 4-5pm	27 <b>8:30 – 9:30am</b> <b>Adult Cardio Tennis</b>  <b>Jr. Clinics</b> <b>5-6pm</b>	28 <b>10:30 – 12:00</b> <b>Competitive Games</b>	29  <b>2 for 1 Fridays</b>	30 <b>Jr. Clinics Week #3</b> Adult Beginner 9-10 <b>Pee Wee 9 – 10</b> Cardio Tennis 10-11 <b>Heavy Hitters 3 – 5</b>  Mixed Doubles 6-9pm

**January Hours:** Monday Wednesday 8:00AM - 9:00PM (Tuesday Thursday Friday Saturday and Sunday 9 AM – 9 PM)  
**Program descriptions and pricing on back**